## 2023 LAKE TO BAY RESULTS

OVERALL RESULTS							CATEGORY WINNERS					
TEAM	GENDER	START	END	TOTAL TIME	PACE	PLACE						
Full Throttle	Male	10:00 AM	4:27 PM	6:27:00	0:06:13	1		ULTR/	4			
On Your Left	Mixed	10:00 AM	4:53 PM	6:53:00	0:06:38	2	TEAM	GENDER	START	END	TOTAL TIME	PLACE
PR Squad	Male	9:30 AM	4:24 PM	6:54:00	0:06:39	3	Whisper Wallabies	Male	9:30 AM	5:35 PM	8:05	1
Cookie Munchers	Mixed	10:00 AM	4:54 PM	6:54:00	0:06:39	4		LACTE	20			
Aerobically Challenged	Male	10:00 AM	4:57 PM	6:57:00	0:06:42	5	IV.	IASTE	15			
Bethany's Fan Club	Male	10:00 AM	4:59 PM	6:59:00	0:06:44	6	On Your Left	Mixed	10:00 AM	4:53 PM	6:53	1
The Procrastinators	Male	10:00 AM	5:01 PM	7:01:00	0:06:46	7	Run Like the Winded	Mixed	9:00 AM	5:05 PM	8:05	2
Donovan's Delinquents	Male	10:00 AM	5:03 PM	7:03:00	0:06:48	8	If your gonna be dumb, you gotta be tough	Mixed	8:00 AM	5:36 PM	9:36	3
God's Country Club	Male	9:30 AM	5:13 PM	7:43:00	0:07:27	9	Another day in paradise	Mixed	7:00 AM	5:15 PM	10:15	4
Agony of DeFeet	Mixed	9:30 AM	5:18 PM	7:48:00	0:07:31	10	Late Addition	Mixed	7:00 AM	6:58 PM	11:58	5
Whisper Wombats	Female	9:30 AM	5:19 PM	7:49:00	0:07:32	11	Running Royalty	Mixed	6:37 AM	7:02 PM	12:25	6
Hudson's Bay Girls	Female	9:30 AM	5:20 PM	7:50:00	0:07:33	12						
Hey Boys and Super Girls	Mixed	9:00 AM	5:00 PM	8:00:00	0:07:43	13	Team Jortoise	Female	7:00 AM	4:45 PM	9:45	1
Whisper Wallabies	Male	9:30 AM	5:35 PM	8:05:00	0:07:48	14	CO	RPOR	ΛTE			
Run Like the Winded	Mixed	9:00 AM	5:05 PM	8:05:00	0:07:48	15		KFUK	AIL			
Ice Spice Fan Club	Mixed	9:30 AM	5:37 PM	8:07:00	0:07:50	16	30 and over kids	Mixed	8:00 AM	4:26 PM	8:26	1
Rocket Blasters	Mixed	9:00 AM	5:10 PM	8:10:00	0:07:53	17	Better Not Lose To Your Coaches	Mixed	8:30 AM	5:15 PM	8:45	2
Team Simple Floors	Male	9:00 AM	5:17 PM	8:17:00	0:07:59	18						
Fast Not Furious	Male	9:30 AM	5:49 PM	8:19:00	0:08:01	19	JRNY to the Bay	Male	8:30 AM	5:17 PM	8:47	1
CGFC	Mixed	9:00 AM	5:23 PM	8:23:00	0:08:05	20	Team Simple Floors	Male	9:00 AM			2
30 and over kids	Mixed	8:00 AM	4:26 PM	8:26:00	0:08:08	21		OLLE	`E			
Easier Said Than Run	Female	8:30 AM	5:13 PM	8:43:00	0:08:25	22	C	OLLE	<b>3</b> E			
Better Not Lose To Your Coaches	Mixed	8:30 AM	5:15 PM	8:45:00	0:08:26	23	Cookie Munchers	Mixed	10:00 AM	4:54 PM	6:54	1
Water Water	Female	8:30 AM	5:17 PM	8:47:00	0:08:28	24					•	
Mosquito Biters	Mixed	9:30 AM	6:23 PM	8:53:00	0:08:34	25	The OG's	Female	8:30 AM	5:43 PM	9:13	1
JRNY to the Bay	Male	8:30 AM	5:30 PM	9:00:00	0:08:41	26	Nuclear M&Ms	Female	7:30 AM	5:16 PM	9:46	2
Running Trappers	Mixed	9:00 AM	6:00 PM	9:00:00	0:08:41	27				•	•	
Hockinson Hawks	Mixed	9:00 AM	6:03 PM	9:03:00	0:08:44	28	Full Throttle	Male	10:00 AM	4:27 PM	6:27	1
Saving the best for last!	Mixed	8:00 AM	5:03 PM	9:03:00	0:08:44	29	Aerobically Challenged	Male	10:00 AM	4:57 PM	6:57	2
The OG's	Female	8:30 AM	5:43 PM	9:13:00	0:08:53	30	Bethany's Fan Club	Male	10:00 AM	4:59 PM	6:59	3
If your gonna be dumb, you gotta be toug	h Mixed	8:00 AM	5:36 PM	9:36:00	0:09:16	31	Donovan's Delinquents	Male	10:00 AM	5:03 PM	7:03	4
Team Jortoise	Female	7:00 AM	4:45 PM	9:45:00	0:09:24	32	HICH SCHOOL					
Nuclear M&Ms	Female	7:30 AM	5:16 PM	9:46:00	0:09:25	33	HIGH SCHOOL					
Hudson's Bay Boys	Male	7:30 AM	5:29 PM	9:59:00	0:09:38	34	Agony of DeFeet	Mixed	9:30 AM	5:18 PM	7:48	1
Another day in paradise	Mixed	7:00 AM	5:15 PM	10:15:00	0:09:53	35	Hey Boys and Super Girls	Mixed	9:00 AM	5:00 PM	8:00	2
The Racing Rapids	Mixed	7:30 AM	6:25 PM	10:55:00	0:10:32	36	Ice Spice Fan Club	Mixed	9:30 AM	5:37 PM	8:07	3
Late Addition	Mixed	7:00 AM	6:58 PM	11:58:00	0:11:33	37	CGFC	Mixed	9:00 AM	5:23 PM	8:23	4
Running Royalty	Mixed	6:37 AM	7:02 PM	12:25:00	0:11:59	38	Mosquito Biters	Mixed	9:30 AM	6:23 PM	8:53	5
							Running Trappers	Mixed	9:00 AM	6:00 PM	9:00	6
							Hockinson Hawks	Mixed	9:00 AM	6:03 PM	9:03	7
							Saving the best for last!	Mixed	8:00 AM	5:03 PM	9:03	8
							The Racing Rapids	Mixed	7:30 AM	6:25 PM	10:55	9
							Whisper Wombats	Female	9:30 AM	5:19 PM	7:49	1
							Hudson's Bay Girls	Female	9:30 AM	5:20 PM	7:50	2
							Easier Said Than Run	Female	8:30 AM	5:13 PM	8:43	3
							Water Water Water	Female	8:30 AM	5:17 PM	8:47	4
							PR Squad	Male	9:30 AM	4:24 PM	6:54	1
							The Procrastinators	Male	10:00 AM	5:01 PM	7:01	2
							God's Country Club	Male	9:30 AM	5:13 PM	7:43	3
							Fast Not Furious	Male	9:30 AM	5:49 PM	8:19	4
							Hudson's Bay Boys	Male	7:30 AM	5:29 PM	9:59	5
							MIDE	LE SC	<b>400</b> L			
							MIDL	LE 3C	HOOL			
							Rocket Blasters	Mixed	9:00 AM	5:10 PM	8:10	1